

The StrongWomen Program
A National Fitness Program for Women

Physician Authorization Form

Date: _____

Patient Name: _____

Address: _____

Phone Number: _____ Date of Birth: _____

Date of Last Exam: _____

Height: _____ Weight: _____

Special Considerations: _____

_____ Yes, my patient can participate.

_____ No, my patient cannot participate at this time due to his/her medical conditions and health status.

Physician's Signature: _____

Print Name: _____

Address: _____

Phone Number: _____ Fax Number: _____

Please return this form to: