

FREE CLASS!

Learn Cooking Skills

Discover How to Save Money When
Buying Food

Explore Food Health and Safety



OUR NEXT GROUP RUNS: _____

WE MEET: _____

JOIN US AT: _____

Contact your local ICAN Educator _____ at
_____ or _____ to sign up,
or sign up online at redcap.link/icangroup



College of Agricultural, Consumer
and Environmental Sciences
Ideas for Cooking and Nutrition



If you are an individual with a disability and need
an auxiliary aid or service please contact
_____ at _____
by _____.

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