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College of Agricultural, Consumer  
and Environmental Sciences  
Cooperative Extension Service  
Extension Animal Sciences & Natural Resources

## Valencia County Extension and Rio Community Makers Space Present

### Healthy Hands, Happy Heart Series

#### WORKSHOP:

WEDNESDAY, FEBRUARY 4, 2026

10:00 A.M. - 12:00 P.M.

AT

RIO COMMUNITIES MAKERS' SPACE

**FREE**  
Workshop  
for ages  
15+

Come discover the fun of making Valentine's Day door wreaths at the Rio Rancho Community Maker's Space. This program is part of a series, designed to encourage community well-being through simple, hands-on activities that help participants keep their hands active and their minds engaged. This is a FREE workshop, but space is limited.

**Call 505-565-3002 to RSVP  
by Friday, January 30, 2026  
505-565-3002**



NEW MEXICO STATE UNIVERSITY IS AN EQUAL OPPORTUNITY EMPLOYER. ALL PROGRAMS ARE AVAILABLE TO EVERYONE REGARDLESS OF AGE, COLOR, DISABILITY, GENDER, NATIONAL ORIGIN, RACE, RELIGION, SEXUAL ORIENTATION OR VETERAN STATUS. NMSU AND THE USDA COOPERATING. IF YOU ARE AN INDIVIDUAL WITH A DISABILITY AND NEED AUXILIARY AID, PLEASE CONTACT CRYSTAL GARCIA-ANAYA AT 505.565.3002 TWO WEEKS IN ADVANCE.